

# SOCCER 360

MAGAZINE 74



## ROAD TO THE WORLD CUP

- BELGIUM BREAKOUT
- SALAH RISING

## GAMES REVISITED

SERIE A & EPL

## BIG TRANSFERS

SANCHEZ  
COUTINHO  
AUBAMEYANG

## ONE ON ONE

FIRMINO  
STERLING

## THE NEW RED DEVIL

# ALEXIS SANCHEZ



2018 MLS  
SEASON KICKOFF

## CHAMPIONS LEAGUE

GOLDEN BOOT RACE

## KANE

HAPPY AS EVER

## SPOTLIGHT

ALL ROADS  
LEAD TO ROME



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# GAME CHANGER

Did you know that 70% of all kids quit organized sports by the age of 13, with girls quitting at 6x the rate of boys?

Alison Foley, Boston College's Women's Head Soccer Coach, and Mia Wenjen, parenting blogger at PragmaticMom.com, help coaches -- both parent volunteer and professional -- crack the code of how to keep girls in sports. As a mother of two daughters who played a lot of sports, Mia provides personal accounts to illustrate issues discussed throughout the book. Alison, also a mother of a young female athlete, has hands-on advice from coaching young women professionally for more than two decades.

Volunteer parents and experienced coaches alike will find invaluable advice on creating a successful team that motivates girls to stay in sports beyond the middle school years. Twenty-two chapters cover major issues, including how to pick captains, the importance of growth mindset, issues around body image and puberty, as well as the challenges of coaching your own daughter.

In addition, fifteen professional coaches from a range of sports, including former Olympic athletes, give their advice on what girls need from a coach to allow them to flourish in sports, and most importantly, have fun. This is a hands-on manual to help coaches keep girls in sports!

