## How to COACH GIRLS

www.howtocoachgirls.com

## The Champion's Creed

Champions get up one more time than they have been knocked down

Champions give their all, no matter the score

Champions do what is right, even when it hurts

Champions know winning is not necessarily measured by the final score

Champions take a stand for what is right, even when they stand alone

Champions see every challenge as an opportunity

Champions make those around them better

Champions do the right thing, even when no one is watching

Champions dedicate themselves to prepare for success

Champions put the success of others above individual achievement

Champions understand winning is not the only thing

Champions live by a higher personal standard

Champions stand firm when others around them fall

Champions live by what they speak and speak what they live

Champions lay down their own desires for the benefit of others

Champions willingly accept responsibility, and graciously deflect honor

Champions never sacrifice what is best for something good

Champions may fail ... but they never quit